## RUSSIA STUDY TOUR ITINERARY

**Sunday 2\textsuperscript{nd} August to Sunday 16\textsuperscript{th} August 2015**

Please note that some of the proposed visits may not take place if permissions to visit are not obtained.

<table>
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<tr>
<th>Date</th>
<th>Location</th>
<th>Programme</th>
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<tbody>
<tr>
<td>Sun 2\textsuperscript{nd} Aug</td>
<td>London/St Petersburg</td>
<td><strong>09:20 Depart Heathrow Terminal 1 British Airways flight ET701</strong>&lt;br&gt;<strong>Please meet at Heathrow at 07:00 at latest</strong>&lt;br&gt;<strong>14:35 arrive Pulkovo Airport St Petersburg</strong>&lt;br&gt;<strong>If travelling from an alternative airport, please aim to arrive at Pulkovo mid-afternoon</strong>&lt;br&gt;<strong>Supper at hotel «Azimut»</strong>&lt;br&gt;<strong>Introductory lecture on the geography of St Petersburg at hotel «Azimut»</strong></td>
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<td>Mon 3\textsuperscript{rd} Aug</td>
<td>St Petersburg</td>
<td><strong>Morning: The historic centre of St Petersburg. Preservation of historic cities and World Heritage sites. Meet Russian teachers at Headquarters of the Russian Geographical Society</strong>&lt;br&gt;<strong>The Russian Museum Lunch</strong>&lt;br&gt;<strong>Afternoon: Exploration of St Petersburg in groups with Russian teachers: &quot;Petersburg of Dostoevsky&quot;; &quot;The Pushkin apartment Museum&quot;; Necropolis of Alexander Nevsky Lavra; &quot;Bellona&quot; educational NGO (the full list to be confirmed). 19:30 Dinner; the discussion groups at hotel «Azimut»</strong></td>
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<td>Tues 4\textsuperscript{th} Aug</td>
<td>St Petersburg</td>
<td><strong>Morning: Familiarity with public transport. Visit to food manufacturing company “Belousov Group”. The Hermitage Palace 2 hours tour.</strong>&lt;br&gt;<strong>Afternoon: Boat trip to Peterhof across Finnish Bay and visits to Alexandria and Petrodvorets</strong></td>
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<td>Wed 5\textsuperscript{th} Aug</td>
<td>St Petersburg – Shlisselburg - the Road of Life - Rzevskii Corridor - Priozersk</td>
<td><strong>Morning – 07:45 Breakfast and check out of hotel. Travel by coach to Shlisselburg and visit the historic Mariinskaya Water Way system and Oreshek Fortress. Coach to the &quot;Road of Life&quot;, and Rzevskii Corridor and The Leningrad blockade and the geography of a city’s survival in the Second World War.</strong>&lt;br&gt;<strong>Afternoon: Visits to Shlisselburg Museum. Bus to Priozersk. Visit Losev’s Rapids. Overnight stay in Priozersk</strong></td>
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<td>Thurs 6\textsuperscript{th} Aug</td>
<td>Priozersk-Valaam Island Sortavala</td>
<td><strong>Morning – 08:00 Breakfast and check out of hotel. Boat trip to Valaam Island and cathedral. The monastery and the role of the Orthodox Church in Russia. Central estate of the monastery. The main monastery road, the nature of the island (Lesavoy lake; lake Isaarv); Mount Eleon (mount of olives), the economy of the monastery (monastery farm). The Gefsimanskii skit is a special form of monasticism.</strong>&lt;br&gt;<strong>Afternoon: The geomorphology of Lake Lagoda and transport to Sortavala. Woodcarving exhibition and decorative art. Master class by Kronid Gogolev. Walking tour of Sortavala in groups with Russian teachers. Dinner at hotel “Sortavala”</strong></td>
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<tr>
<td>Day</td>
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<td>Fri 7th Aug</td>
<td>Sortavala - Ruskeala- Olonets- Petrozavodsk</td>
<td>Morning: 07:45 Breakfast and check out of hotel Project &quot;Mining Road&quot;. Geology and tourism. abandoned marble quarries at Ruskeala. Waterfalls at Ruskeala. Ecological problems of Karelia (The HPP Iyaskelskaya) Lunch. Travel by coach to Olonets (194kms). Historical geography of the region. Glacial relief features – boulders, lakes, eskers. Travel by coach to Petrozavodsk (196kms) Overnight stay in Petrozavodsk.</td>
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<td>Wed 12th Aug</td>
<td>Belomorsk Kandalaksha</td>
<td>Transfer to Kandalaksha Town. Stella Arctic circle and lunch on the way. Dinner at hotel.</td>
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<td>Sat 15th Aug</td>
<td>Murmansk – St. Petersburg</td>
<td>Train “Arctica” to St Petersburg Morning 08:50 Breakfast and check out of hotel Visit to Nuclear Power Icebreaker “Lenin” Lunch 18:30 Leave for Murmansk railway station 19:35 Travel by train “Arctica” to St. Petersburg</td>
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<tr>
<td>Sun 16th Aug</td>
<td>St Petersburg</td>
<td>Travel to St Petersburg by train. Journey time 27-30 hours so all day spent on train. Arrive around 22:16 Transport to hotel Midnight boat tour on Neva “The opening bridges”(optional)</td>
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<tr>
<td>Mon 17th Aug</td>
<td>St Petersburg - London</td>
<td>Morning free Leave hotel 13:00 Travel to Pulkovo Airport 16:55 BA flight to London Arrive 17:19</td>
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For those who would like to take part in the International Geographical Union (IGU) Conference in Moscow, please follow the link below:

http://www.igu2015.ru/